



## MEHANDI & HARQUUS CARE

Henna looks different on everyone. Body chemistry, temperature and location on the body have a lot to do with how dark the stain will be. Drier and thicker skin stains much darker than thin skin. Henna stains are darkest during the first 7-10 days, then gradually fade, will be bright orange at first and then gradually darken to brown. Henna stains take 48 hours to develop. Harquus and other natural stains will only last a few days.

The following are some steps you can follow to maintain a nice stain:

### 1. LEAVE PASTE ON LONG AS POSSIBLE

It is recommended to leave the paste on as long as possible: up to 2 days, then let it flake off naturally. A darker, longer-lasting stain is obtained by leaving paste on

### 2. PROTECT IT & KEEP IT WARM

The warmer the body temperature, the faster the henna will stain. I recommend sealing the stain with a very thin application of a half lemon juice half sugar mix during the day. At night old pantyhose can be used along with and as socks or gloves to cover and protect sheets as well or wrapping area with toilet paper or a generous application of baby powder and then wearing a glove or panty hose over it.

### 3. AVOID WATER ON THE STAIN!!!!

while stain is on and for at least 6-12 hours *after* paste removal.

### 4. MOISTURIZE WITH OIL

Apply some kind of *natural* oil or butter *after* the paste is removed to protect henna design and prevent exfoliation.

### 5. AVOID FRICTION.

Excess washing, shaving, and friction from will make the stain fade faster. The less you touch the area, the better.

### ***To Remove Mehandi or Harquus:***

If, heaven forbid, the paste smears or you have any type of adverse reaction such as rash or irritation, remove paste with water as soon as possible and do just the opposite of above.

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